

Managers' Practice Procedures Checklist and Reminders

Attention Manager/Coaches/Adult Helper: Use a dry erase marker to check off these tasks to acknowledge LHCLL Safety adherence. At every practice, hang this form outside as a reminder.



Prior to the start of practice do the following:

- _____ 1. Every designated manager, coach and adult team helper must each bring their own hand sanitizer, cloth face covering, their own drink labeled with their name, and be temperature checked with a thermometer. They cannot stay at practice if they have a temperature of 100.4°F or higher.
- _____ 2. Only the designated 2 coaches, team helper & LHCLL staff can assist the designated manager on the field.
- _____ 3. Disposable gloves (located in the storage shed) must be worn when handling all field equipment including tools, bases, and the golf cart. Hands must be sanitized before setting up the field.
- _____ 4. A hand sanitizer dispenser (located in the storage shed) must be taken out each practice as a back up to players' own hand sanitizers & returned to the shed at practice end after being wiped w/disinfecting wipe.
- _____ 5. Players are not allowed to handle any field equipment or sit in the golf cart.
- _____ 6. Players cannot arrive more than 15 minutes before practice begins. Exception: a child of support staff.
- _____ 7. **Players on arrival must wear their cloth face covering and do the following:**

1. Hang equipment bags on the fence or place under their chair in the designated area marked 6 feet apart.
2. Place their own chairs in the marked location 6 feet apart and remain seated in them to be screened.
3. A manager/coach/adult helper will screen players. Screening includes temperature check with thermometer, players showing they have the following items: a cloth face covering labeled with their name, a chair, a drink with their name written on it, and that they used hand sanitizer on their hands.
4. Once screened, players can enter the field with or without a cloth face covering. In the event a physical distance of 6 feet cannot be maintained, players are required to wear a cloth face covering. Players with a temperature of 100.4°F or higher or signs of illness will be unable to practice and will be sent home.

Please note: *Drivers must wait in their cars until player screening is complete in case a player has a fever or is ill and needs to leave. After screening is over, drivers can leave. Under the camp guidelines, no spectators are allowed on the field or park at practice but can observe practice from their vehicle.*

During practice remember the following:

- _____ 8. Players whenever possible must be 6 feet apart. When running laps, they must be 10 feet apart.
- _____ 9. Managers/coaches/players must sanitize their hands before and after playing catch and every new drill.
- _____ 10. No handshakes. No personal contact. No sharing of drinks or snacks. No eating seeds, gum or spitting.
- _____ 11. All player gear not being used must be placed in their equipment bag including drinks.
- _____ 12. Do not use dugouts. Equipment sharing should be avoided. Baseballs should be frequently disinfected.
- _____ 13. Restroom use is limited to one player inside at a time with a player waiting outside for their teammate.
- _____ 14. During team discussions, players/coaches/managers must be 6 feet apart & wear cloth face coverings. Team discussions must conclude before the scheduled practice end time.

At the end of Practice remember the following:

- _____ 15. Players must leave the field immediately, pack up equipment while wearing their cloth face covering, & be picked up within 15 minutes of the end of practice
- _____ 16. Gloves must be worn, and hands must be sanitized before and after taking down the field.
- _____ 17. Hand sanitizer bottle, equipment & golf cart must be wiped w/disinfectant wipes & returned to the shed. 6/23/20